



*A Gift For*

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*From*

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STRENGTH *for the* SOUL *from* OUR DAILY BREAD

# Trust



Discovery House Publishers

*Books, music, and videos that feed the soul with the Word of God*

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# *Introduction*

Since April 1956, millions of readers around the world have found daily inspiration, hope, comfort, and biblical truth from the pages of *Our Daily Bread*. Now you can find encouragement from one of the most beloved devotionals on the subject of trust, compiled into one convenient volume.

We believe that this book will be of help to you and those you know in every circumstance of life. May it and the Word of God bring strength to your soul.

Other books in the Strength for the Soul  
from Our Daily Bread series

*Grief*

*Prayer*

*Comfort*

*Peace*

*Hope*

# *Trust in the Lord*

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*Give thanks to the LORD, for he is good;  
his love endures forever.*

*Let Israel say:*

*“His love endures forever.”*

*Let the house of Aaron say:*

*“His love endures forever.”*

*Let those who fear the LORD say:*

*“His love endures forever.”*

*In my anguish I cried to the LORD,  
and he answered by setting me free.*

*The LORD is with me; I will not be afraid.*

*What can man do to me?*

*The LORD is with me; he is my helper.*

*I will look in triumph on my enemies.*

*It is better to take refuge in the LORD  
than to trust in man.*

*It is better to take refuge in the LORD  
than to trust in princes.*

—PSALM 118:1–9

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Years ago an officer and his wife were experiencing a raging ocean storm. Seeing the frantic look in his wife's eyes, the seaman tried unsuccessfully to allay her fears. Suddenly she grasped his sleeve and cried, "How can you be so calm in such a storm?"

Stepping back a few feet, he drew his sword. Pointing it at her heart, he said, "Are you afraid?"

Without hesitation she answered, "Of course not!"

"Why not?" he inquired.

"Because I know that the sword is in the hand of my husband, and he loves me too much to hurt me."

To this he aptly replied, "Remember, I too know in whom I have believed, and He is the One who holds the winds in His fist and the waters in the hollow of His hand!" The officer was not disturbed, for he had put his trust in the Lord.

Only wishful thinking would cause a person to believe that no storms will come. Life is crowded with varied and recurring turbulences. The calm of today may be shattered by the fury of trial tomorrow. Perhaps even now you are going through a hurricane of trouble.

The psalmist himself was not immune to these experiences. Beset by foes and the disloyalty of those he supposed were his friends, David could still praise the Lord for His enduring mercy. His confidence had been placed in the sovereign God who controls both wind and wave. "Blessed is the man who makes the LORD his trust."  
—PAUL VAN GORDER

# The Other Side

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*That day when evening came, [Jesus] said to his disciples, "Let us go over to the other side." Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"*

*He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.*

*He said to his disciples, "Why are you so afraid? Do you still have no faith?"*

*They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"* —MARK 4:35-41

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Even when we go forth at Christ's command, we may not expect to escape difficulties. Note that Jesus' disciples were in the center of God's will as they proceeded across the lake because Jesus had commanded them to do so; yet they encountered a dreadful storm and appeared to be in danger of drowning. A storm—and with Christ on board? It seems a contradiction in terms. Wouldn't His presence insure a placid sea and a tranquil voyage?

No! It is often precisely the opposite. Life frequently becomes more difficult after we are saved. We may encounter fierce opposition or be assailed by a wild tempest of trial. A storm—and Christ asleep! That even deepens the perplexity. The silence of Jesus, the uncounted delays, the mysteries of our Lord's dealings—these are hard to understand. He tries our faith so that He may strengthen it and delays His responses so our prayers may become more intense and our gratitude more full when deliverance finally comes.

Also, we often have needless fears because we do not rest on the sure promises of God. If the disciples had just thought for a moment, they would have recalled that Jesus said, "Let us go over to the other side." Their destination was sure. They should have been shouting victory and saying to the raging waves, "You can't harm us, for the mighty Savior is on board!"

Trust Christ today, for He has determined a glorious deliverance despite the threatening billows and the howling hurricane of life's storms.

—HENRY BOSCH

# One You Can Trust

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*Everyone who believes that Jesus is the Christ is born of God, and everyone who loves the father loves his child as well. This is how we know that we love the children of God: by loving God and carrying out his commands. This is love for God: to obey his commands. And his commands are not burdensome, for everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith. Who is it that overcomes the world? Only he who believes that Jesus is the Son of God.*

*This is the one who came by water and blood—Jesus Christ. He did not come by water only, but by water and blood. And it is the Spirit who testifies, because the Spirit is the truth. For there are three that testify: the Spirit, the water and the blood; and the three are in agreement. We accept man's testimony, but God's testimony is greater because it is the testimony of God, which he has given about his Son. Anyone who believes in the Son of God has this testimony in his heart. Anyone who does not believe God has made him out to be a liar, because he has not believed the testimony God has given about his Son. And this is the testimony: God has given us eternal life, and this life is in his Son. He who has the Son has life; he who does not have the Son of God does not have life.*

—I JOHN 5:1-12

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